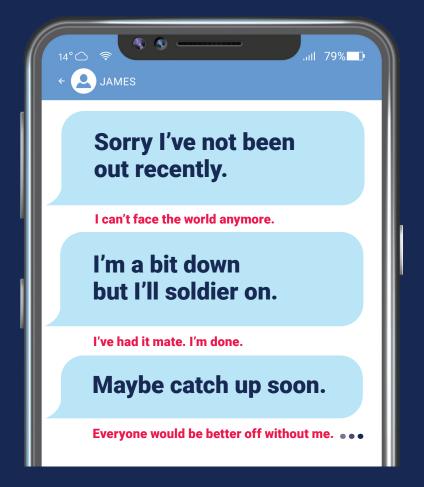


## 1 in 3 veterans have felt suicidal in their lifetime.\*



## Could you read between the lines?

We're on a mission to create suicide-safer communities for veterans.

Take our free 30-minute suicide awareness training. Visit **helpforheroes.org.uk/betweenthelines** 

