

December										IG2018 Training Camps		
										1	2	3
										Swimming (Nottingham)		
												Rowing (Notts)
4	5	6	7	8	9	10				WC Rugby (Birmingham)		
Cycling (Nottingham)										Rowing (Nottingham)		
11	12	13	14	15	16	17				WC Basketball (Brunel)		
18	19	20	21	22	23	24						
25	26	27	28	29	30	31						

January					IG2018 Training Camps	
1	2	3	4	5	6	7
					Archery (Loughborough)	
8	9	10	11	12	13	14
					Powerlifting (Tidworth)	
					Sitting Volleyball (Catterick)	
					Athletics (Loughborough)	
15	16	17	18	19	20	21
		WC Tennis (Roehampton)		Rowing (Tidworth)		
					WC Rugby (Birmingham)	
22	23	24	25	26	27	28
					WC Basketball (Nottingham)	
29	30	31				

February				IG2018 Training Camps			
				1	2	3	4
					Swimming (Nottingham)		
						Archery (Brunel)	
5	6	7	8	9	10	11	
					Powerlifting (Loughborough)		
					WC Rugby (Birmingham)		
					Sitting Volleyball (Tidworth)		
12	13	14	15	16	17	18	
WC Tennis (Roehampton)					Cycling (Newport)		
					Rowing (Newport)		
19	20	21	22	23	24	25	
					Athletics (Loughborough)		
					WC Basketball (Gloucester)		
26	27	28					

March					IG2018 Training Camps				
				1	2	3	4		
						Archery (Lilleshall)			
						WC Rugby (Lilleshall)			
5	6	7	8	9	10	11			
					Powerlifting (Bath)				
					Sitting Volleyball (Bath)				
					Sailing (Rutland & Whitefriars)				
12	13	14	15	16	17	18			
				Rowing (Brunel)					
				Swimming (Nottingham)					
19	20	21	22	23	24	25			
WC Tennis (Roehampton)					WC Rugby (Birmingham)				
					Athletics (Loughborough)				
26	27	28	29	30	31				
Cycling (Derby)		Sailing TRIALS							